EfCCNa Research Award 2025

Critical Care Nurses' Grief, Anxiety, and their Preparedness to Care for Dying Patients: A Multisite, Cross-sectional Study (National or International Study)

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Critical care nurses play a pivotal role in managing patients in life-threatening conditions, often serving on the frontlines of complex decision-making and intensive medical intervention.

However, providing end-of-life care frequently exposes them to grief and anxiety, which may undermine their sense of preparedness and psychological well-being.

Understanding how these factors intersect is essential for supporting nurses in delivering compassionate and effective care for dying patients.

Building on a recently completed multisite study by the applicant, this project seeks to expand the investigation across the rest of Ireland and, with the support of EfCCNa and member associations such as IACCN and BACCN, extend the study to a wider European context.

By identifying the impact of grief and anxiety on preparedness, the research will provide evidence to inform targeted interventions, ensuring both improved support for nurses and enhanced quality of critical care at the end of life.