

### Special Points of Interest

- \* Polish Translation of Critical Care Competencies Tool
- \* Belfast Congress 2017
- \* French Research Program

### Council Meeting, Paris, France

The EfCCNa council meeting took place in Paris, France on 19 – 20 March 2016. The French Council Member Daniel Benlahouès on behalf of SFISI invited the group to France. Here is a short overview on the meeting results.

#### ***New national representatives:***

Cyprus – Maria Foka replaces Evanthia Georgiou; Iceland - Auður Sesselija Gylfadottir follows Gudrun Jonsdottir; Croatia – Jelena Slijepčević took over from Adriano Friganovic, who is now busy with his new post as vice-president of WFCCN

#### ***New membership applications:***

The Irish Association of Critical Care Nurses and the Intensive Care Nursing Society of Macedonia have applied for membership in EfCCNa. The Council accepted the two new members and welcomed Zaneta Bogaevska-Miteva as the new Macedonian representative who attended the meeting. Thus, in spring 2016 EfCCNa consists of 28 member associations

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#### ***Project Reports:***

**EU engagement:** according to the EfCCNa strategy to improve the recognition of Critical Care Nursing as a specialty in Europe and to influence the EU social and health policies as the voice of CCN in Europe close cooperation with ESNO was established. So far ESNO has established a common training framework for specialist nurses (set of knowledge, skills and competencies for specialists, which facilitates mobility across EU - European Professional Card (EPC)

**Standard Development:** the group reports that the pain management standard is going to be finished soon. Nutrition in ICU will be next topic

**End-of-Life-Study:** the review paper is written and submitted for publication. Interviews are analyzed and proceeded for publication

**Critical Care Doctoral European Nursing group:** with 48 current members the group is successful to bring researchers together; the next meeting will be in Belfast 2017, in order to get to know each other and to form collaborative networks for EU Funding/grants

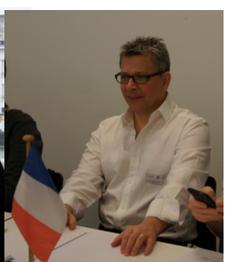
#### **Research Awards:**

- \* 2015 - Delirium Study within NICU patients (DANDELION) is ongoing
- \* 2016 - The needs of families of patients with chronic illness (UK) will be awarded

**Erasmus plus Project:** Strategic partnership to enhance education in Europe (MICE-ICU) initiated from Poland; EfCCNa is registered as a European partner within this project

**World sepsis day** - EfCCNa is going to sign the declaration

EfCCNa thanks Daniel, Laurent and SFISI President Carole Haubertin for the invitation to their beautiful capital, topped by an unforgettable evening dinner cruise on the Seine river!



## EfCCNa Congress 2017

The city of Belfast, Northern Ireland is going to host the next EfCCNa congress in 2017.



Congress venue will be the newly expanded part of the Waterfront Conference centre that will open in May 2016. Follow the link to find out more about the venue and how it is set up. EfCCNa will have access to the plenary room at the first level and some break out rooms. The Conference centre will be able to host more than 700 congress delegates.

The congress aims to attract bed-side critical care nurses, nursing researches and those involved in critical care education. The program will consist of all these three areas of Intensive Care Nursing.



[www.waterfront.co.uk](http://www.waterfront.co.uk)

This year we will also emphasize the importance of the building of bridges and improving collaboration across critical care specialities.



With this respects ESPNIC, the European Society of Paediatric Intensive Care is invited to take part in the scientific program. EfCCNa is happy to announce that ESPNIC is going to support the congress with speakers who

will set their focus on Paediatric Intensive Care. Therefore paediatric intensive care nurses are also very much invited to submit abstracts of their field of expertise and of course to be a delegate at this congress.

We have planned a great social program with opportunities to take part in hospital visits, see the City Hall of Belfast from the inside and finally the Titanic Museum with it's famous stair is the chosen spot for the congress party.

We want to welcome all ICU nurses in Europe and see this as a golden opportunity to present what's happening in Intensive Care Nursing in Europe.

Hope to see you all in 2017  
*Eva Barkestad*  
 Chair of the congress committee



### Key Facts:

- \* Congress dates: 16 - 18 February 2017
- \* Abstract submitting: May 1 - September 30, 2016
- \* Early Bird Registration: June 1 - December 1, 2016
- \* Abstract Notification: 25 October 2016
- \* Regular Registration: until 1 February 2016
- \* Dinner Party: 17 February 2017
- \* To see Preliminary Programme [click here](#)

## Report of the 9<sup>th</sup> International Congress of HDMSARIST

9<sup>th</sup> international congress by CNSARICT (Croatia) was held from April 4 -7 in Šibenik, Solaris resort Croatia. More than 250 participants and a lot of invited speakers discussed themes like 'New guidelines in cardiopulmonary resuscitation, Nursing role in process of organ donation, Advanced techniques in regional anesthesia, Centralization of transfusion medicine in Croatia, Pediatric and neonatal intensive care and Nurses role in emergency department'.

We emphasized presentations about specialized nursing portal supported by the Croatian nursing chamber and sponsors which includes especially important nursing index base which is going to collect nursing articles, websites, organizations as well as news from nursing organizations worldwide. That will be a project which is going to collect all info about Croatian nursing societies and news from every different branch of medicine, proud on it. We are very excited while waiting it's start up.

Same as every year, CNSARICT is preparing for World sepsis day on September 13<sup>th</sup>. We plan gathering and education of the public as well as denoting World sepsis day in all city hospitals in Croatia. Our actions and plans will be directed to raising sepsis awareness and to emphasize early symptom recognition as well as early goal directed therapy. In our struggle we will get support from our Ministry of health. We are inviting all individuals, associations, departments, clinics and hospitals to join in WSD on September 13<sup>th</sup> and to give support in struggle against sepsis.

*Jelena Slijepčević*



## Introducing ESNO

EfCCNa, in its role to represent critical care nurses across Europe, works closely with an organisation called ESNO. ESNO, or the European Specialist Nurses Organisations aims to bring together all specialist nursing groups from across Europe, and has currently 15 member organisations, including EfCCNa.

ESNO aims to play a more political and strategic role within the EU, through active engagement and dialogue with key policy makers and EU bodies, such as European Commission departments focusing on healthcare and workforce. Recent ESNO activities include a Summit event, which attracted many delegates including representatives from the European Commission, and focused on issues surrounding specialist nursing competence and workforce mobility across the EU. Council members David Waters (United Kingdom) and Frederique Paulus (The Netherlands) represented EfCCNa at the Summit and gave a presentation to delegates concerning the development of competencies within EfCCNa.

For a full report of the event, to view the programme or the presentations delivered, [click here](#).

To demonstrate a commitment to political engagement across Europe, EfCCNa have developed a new strategic role within the Federation, namely that of European Engagement/ESNO representative. At the recent EfCCNa Council meeting in Paris, David Waters (UK representative on the Council) was voted into this role for a 3 year term.

*David Waters*



## EfCCNa welcomes two new member associations



### Irish Association of Critical Care Nurses

[www.iaccn.ie](http://www.iaccn.ie)



The IACCN was set up in September 1986 by a group of nurses working in critical care areas to meet with the educational needs of critical care nurses at that time. They organised educational meetings, comprising of educational evenings, study days and an Annual Conference every year. Today, the member of the Executive committee, with help from the regional representatives, strives to continue the work of our predecessors. The representative is Eimear Fitzgerald.



### Macedonian Association of Critical Care Nurses

The association has been founded in 2011 and has 150 active members coming from different nursing fields: intensive care, coronary care, scrub nurses, endoscopic nurses, accident and emergency, anaesthetic nurses.



We all share those aims and goals and we hope that being together we can make the differences.

Very happy to be a part of the EfCCNa family and looking forward to meeting other respected members of the federation and exchanging information. Zaneta Bogoevska-Miteva is the Council member for Macedonia.

*Together we can achieve more.....*

## Bye, bye Gudrun

We would like to sincerely thank you for the work and support to EfCCNa that you provided during your time as the Icelandic representative. Your contribution to EfCCNa was always freely given and warmly received. Special thanks for perfectly organising one of the last Council meetings in your impressive country Iceland from which we all returned with great and long-lasting memories.

We will miss you from the 'family', but hope that you keep in touch with us and let us know what you are up to...and of course, we hope to see you in Belfast!



## Multicultural Care in European ICU (MICE-ICU)



MICE-ICU is a European project based on a Polish initiative, with the aim to improve knowledge and skill levels and to raise cultural awareness of critical care nurses at the ICU in the care of a culturally dissimilar patient. Funding is being sought from the Erasmus+ scheme.

As Europe is getting more and more multicultural, a lack of cultural awareness may be threatening patient's dignity. Medical personnel is not satisfied with information about the cultures residing in Europe and nurses need more courses and trainings concerning caring for a patient from different culture.

EfCCNa, besides other European groups, is registered as a strategic partner within this project.

## New EfCCNa Council Representatives 2016

### Maria Foka, Cyprus

Maria is the current President, Department of Emergency and Critical Care Nursing, Cyprus Nurses and Midwives Association (CYNMA-DECCN). She is working as Nurse Clinical Educator, Intensive Care Unit, Nicosia General Hospital, Cyprus.

She has experience (as a member of her ICU team) in setting up advanced critical care environments from the scratch:

- a) recruiting personnel
- b) setting up training programs for nurses through interactive e-platform applications,
- c) tendering and setting up a fully electronic Patient Data Management System (PDMS),
- d) setting up a PDMS based internal audit and quality control system.

Her Vision is the improvement of quality of health care through patient safety interventions and strategies in Cyprus.



### Auður Sesselja Gylfadóttir, Iceland

Auður, 26 years old, graduated from the University of Iceland with a B.Sc. in nursing in 2013 and since August 2013 she is working in the intensive care unit in Reykjavik Landspítali. She has got experience in postnatal nursing cardiology care, also. In 2013 she started with her master's degree in nursing and her plan is to graduate in June.

Her thesis is on pain assessment in the elderly.

She is on the Educational board for the Icelandic intensive care nurses association.

Outside of professional life, she is a Lindy hop dancer and a scout.

### Jelena Slijepčević, Croatia

Jelena, the successor of Adriano Friganovic is working as a team leader in a neurosurgical ICU at the University hospital in Zagreb. Besides this she is the President of the Intensive Care Commission Croatian Nurses Society of Anaesthesia, Reanimation, Intensive Care and Transfusion. In her function as a leader in the Stop Sepsis Campaign in Croatia she is striving for the development of strategies for reducing morbidity and mortality from sepsis and a raising awareness of sepsis among citizens and health professionals and strengthening the importance of the nursing role in it.

Apart from her job in ICU her work is also focused on promoting health and preventing diseases, especially sepsis and septic shock. Her vision is improving quality of health through education of citizens and through nurse activities on all levels of care.



## New EfCCNa Council Representatives 2016

### Zaneta Bogoevska-Miteva, Macedonia



Currently Zaneta is the vice-president of Macedonian Critical Care Nursing Association. She is working in the intensive care unit in Special Private Hospital "Filip Vtori", Skopje, Macedonia for the last 15 years. Her field of activity is nursing education, organisation of workshops for mechanical ventilation for nurses; development, promoting and supporting scientific research amongst critical care nurses. Furthermore she takes care of the standardization of everyday ICU nursing activities and procedures based on current guidelines and evidence based nursing and revision of existing standards annually. Additionally she has an active role as intra-hospital infection control nurse, is part of IHI team and has participated in many national and international nursing conferences, receiving "Best practice award" at the EfCCNa congress in Belgrade 2013.

### Eimear Fitzgerald, Northern Ireland

Eimear has over 10 years' experience in Critical Care nursing. For the past three years she has been the Critical Care liaison clinical nurse manager at the Mater hospital. During this time she has developed special interests in Critical Care follow-up incorporating Tracheostomy care, Parenteral Nutrition & Catheter Related Blood Stream Infections (CRBSI). She has presented research data on the above at local and international meetings. She has a diploma in nursing studies, a degree in nursing science, a higher diploma in Critical Care nursing, and an MSc in Healthcare Management. As part of the MSc programme she looked at Critical Care sleep deprivation and successfully introduced a daily "Quiet Hour" in the ICU. Last year she completed a Professional Diploma in the Prescription of Medication and Ionising Radiation and is currently studying for a graduate certificate in advanced nursing practice focusing on Critical Care follow up. Eimear is an active committee member of the Irish Association of Critical Care Nurses and ICU Steps Dublin.



### Good bye, Evanthia



We are so sorry to lose you from the EfCCNa family!  
As the Cypriot representative for a decade you have been an active and much loved member.  
EfCCNa would like to sincerely thank you for the hard work and support to EfCCNa that you provided during your time as the representative from Cyprus.  
Your valuable contribution to EfCCNa and especially your expertise and input into the educational projects was very well received.  
We hope that you keep in touch from time to time ... and of course, we hope to catch up with you in Belfast in 2017!



## Farewell, Adriano



Adriano Friganovic came to his first EfCCNa council meeting in 2002, which was held in Paris. At that time, he was only in the beginning of his twenties and the youngest person to serve on EfCCNa council, representing Croatian Nurses Society of Anaesthesia, Reanimation, Intensive Care and Transfusion. He was an ambitious young man and already the president of his association. He was eager to learn from others, raised critical questions and participated in the ongoing work of the organisation.

On behalf of the EfCCNa family, thank you so much, Adriano for 14 years of dedication to EfCCNa.

Thank you for always being there, for hard work both at meetings and in between them. For taking the responsibility for the Exchange Programme and serving as a member of the congress committee and in the sponsorship group.

We will certainly miss you at our meetings and the fun we have had over the years. However, we understand that you are now heading

towards a new role which will take up much of your time. We are very happy for you and wish you all the best of luck as the vice-president of the WFCCN. We still hope to see you from time to time and especially in Belfast !



## Exchange Programme 2016



The Exchange program was for us a great opportunity to show how there is one of the best intensive care in Europe. We had the opportunity to gain new experience and comparison of our knowledge and skills to the knowledge and skills of our Swedish colleagues. The

level of nursing care in Sweden is high - Swedish nurses have the capacity and conditions to ensure that the patient be able to comprehensively cultivate. In intensive care it is very important to realize how important the interdisciplinary approach to the patient with the appropriate amount of staff among others in the prevention of infections, for the safety of patients and their welfare and safety of personnel. In Sweden, this consciousness exists. In addition, we had the opportunity to meet many wonderful people who served us help and tried to do everything

that we benefited as much as possible during our stay in Karolinska Hospital and Danderyd Hospital.



**KAROLINSKA**  
Universitetssjukhuset

*Aurelia Segá, Iłona Nowak, Aleksandra Władimiruk from Poland*

## European Critical Care Nursing Competencies

Thanks to the translational work of Aleksandra Gutysz and her colleagues the EfCCNa competencies in Critical Care Nursing document is now available in Polish language.

Follow the link for the [Polish version](#)





## EfCCNa and its member Societies - Belgium

### Belgium

<b>Name of the organization</b>	Société des Infirmiere(s) de Soins Intensifs SIZ-Nursing Representative: Lerma Hernandez	
<b>Total number of members</b>	approx. 400	
<b>Other professionals besides nurses accepted as members?</b>	no	
<b>Congress (frequency; is there a usual month &amp; if so, which month?)</b>	Yearly - April	
<b>Journal (if yes, name)</b>	no	
<b>Membership fee</b>	40 €	
<b>Approximate salary (€) for junior CCN in your country</b>	1.700 €	
<b>Average working hours per week</b>	38	
<b>In your country are there critical care courses that are available after registering as a nurse? If so, please describe their level/s (e.g. diploma, bachelor, master)</b>	yes, bachelor level	
<b>Approximate Number of hospitals with adult Intensive Care Units (accepting mechanically ventilated patients)</b>	not known	
<b>Average Nurse: Patient Ratio during day shift for mechanically ventilated patients</b>	1:3 day shift	
<b>Most important activity/achievement of the association in the last year</b>	Yearly Symposium and Critical Care Nursing training module	
<b>Hot topics in Critical Care in your Country</b>	<ul style="list-style-type: none"> <li>* Education</li> <li>* Nursing regulations</li> <li>* Critical care nurses salary</li> </ul>	



## EfCCNa and its member Societies - Cyprus

Cyprus	
<b>Name of the organization</b>	Department of Emergency and Critical Care Nursing, Cyprus Nurses and Midwives Association (CYNMA-DECCN) Representative: Maria Foka
<b>Total number of members</b>	290 (DECCN)
<b>Other professionals besides nurses accepted as members?</b>	Yes
<b>Congress (frequency; is there a usual month &amp; if so, which month?)</b>	Annual Congress, November Seminars during the year
<b>Journal (if yes, name)</b>	Cyprus Nursing Times
<b>Membership fee</b>	30 Euro per year
<b>Approximate salary (€) for junior CCN in your country</b>	1000 Euro per month
<b>Average working hours per week</b>	38
<b>In your country are there critical care courses that are available after registering as a nurse? If so, please describe their level/s (e.g. diploma, bachelor, master)</b>	Diploma in Critical Care Nursing (Adult, Paediatric and Neonatal), Nursing Services, Ministry of Health Master in Advance Critical Care Nursing, Nursing Department, Cyprus University of Technology
<b>Approximate Number of hospitals with adult Intensive Care Units (accepting mechanically ventilated patients)</b>	5 public and 4 private Hospitals
<b>Average Nurse: Patient Ratio during day shift for mechanically ventilated patients</b>	Day shift: 1 to 1 (level 3), 2 to 3 (level 3, level 2) Night shift: 2 to 3 (level 3 and 2)
<b>Most important activity/achievement of the association in the last year</b>	Annual Congress, Seminars
<b>Hot topics in Critical Care in your Country</b>	Continuous education Patients involvement in Care Quality and Safety Care for critically ill patients and family





## Nursing and Paramedical Hospital Research Program (PHRIP) from SFISI

### Introduction

Since the Hospital, Patient, Health and Territories Law in 2009, the French General Directorate for Health-care Provision (DGOS) has launched an annual call for research projects which aims to promote the development of paramedical research: the Nursing and Paramedical Hospital Research Program (PHRIP).

### Program aims

- \* Promoting the development and contributing to reinforce the importance of nursing and paramedical research in France
- \* Dedicating a public funding program specifically for French paramedical practitioners from the French Ministry of Health
- \* Positioning the patient at the center of its research projects
- \* Strengthening methodological support of paramedical practitioners to build and conduct research projects
- \* Improving quality of care, favored by the raising of nursing studies to university level and boosted by funding

### Funding criteria

The administrative guidelines of the funding program are clearly oriented towards producing quantitative nursing research. The main aims are to prioritize research on primary care. Research projects should address the care, including patients' homes.

The PHRIP covers all aspects of clinical research, mainly the quality and safety of care and paramedical practitioners continuous improvement practices in particular through the development and validation of new care standards.

The research validating innovative care methods and practices with a global vision of the patients' management are concerned.

The criteria are selective and only 12% of the proposed projects are selected each year for funding. A jury of experts evaluates the project's rigor, highlighting methodology, feasibility, respect of the patient, utility for Public Health and budget.

Almost € 10M were committed for 104 research projects in 2014 over a five-year period, which must be added 22 projects in 2015 retained for funding.

### Process

- \* Abstract: A letter of intent is submitted to the DGOS with the main lines and the design of the study.
- \* Protocol: The complete protocol is submitted to the DGOS with the main and secondary objectives, inclusion patients' criteria, calculating the study population, budget...
- \* Protection Committee of Persons: Research cannot be conducted without an ethical approval given by an independent protection committee, formed mainly from representatives patients' associations and users of the health system.
- \* Declarations: Studies are submitted to the CNIL (National Commission for Data Protections and Liberties) and ARH (Hospital Regional Agency) and received a register number and authorization to start trials.



## Nursing and Paramedical Hospital Research Program (PHRIP) from SFISI

### Examples of studies from PHRIP (RCT are leaded by Sfisi members)

Year & Acronym	Type of Study	Budget
<b>2013 CHIC</b>	Evaluate the impact of norepinephrin relay method on arterial pressure stability, in intensive care unit. A randomised multicentre controlled trial	<b>88,000 €</b>
<b>2014 EarlyMob</b>	Impact of early mobility on the duration of mechanical ventilation in intensive care unit. A randomised multicentre controlled trial	<b>244,000 €</b>
<b>2015 DELIREA</b>	Evaluate the impact of a nurse's bundle on delirium incidence, in intensive care unit. A cluster randomised multicentre controlled trial	<b>268,000 €</b>

### Perspectives

The study « 5 years after the creation of the Nursing and Paramedical Hospital Research Program of the French Ministry of Health: issues and Challenges » (Stuwe et al. 2015) highlights how this program contribute to reinforce the importance of paramedical research in France.

The different paramedical professions have finally identified a public funding program specifically dedicated to them, which allows them to invest themselves in their own applied research.

A review ten years after the program launch would allow to assess, with hindsight, the impact of this program on the importance of paramedical research in France.

*Daniel Benlahouès*

***Are you interested in visiting another ICU in Europe  
but don't know how to manage it?***

Then please have a look on the EfCCNa web site which provides respective information about the participation in an European-wide Exchange program!

[www.efccna.org](http://www.efccna.org)



**Congress Calendar 2016** - *click on the logos to get linked*

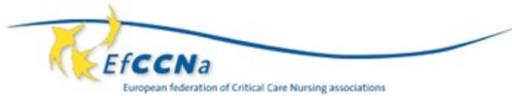


**8<sup>th</sup> World Congress on Pediatric Intensive and Critical Care**  
5-8 June, 2016 Toronto, Canada



**ESICM LIVES 2016**  
29th Annual Congress

1-5 October 2016, Milan, Italy



**CALL FOR REGISTRATION AND ABSTRACTS**

**7th Efccna Congress 2017**

**'Working together - Achieving more'**

**15-18 February 2017 | Belfast | Northern Ireland**



**NOKIAS 2016**  
TURKU FINLAND  
15-17 SEPT 2016



**Registration and abstract submission opens:  
1 May 2016**

Visit the congress website for more details:

[www.efccna.org/congress](http://www.efccna.org/congress)



24-25 September 2016, Reykjavik, Iceland



**31st Annual BACCN Conference**  
19th - 20th September 2016, Technology & Innovation Centre, Glasgow  
**Back to the Future for Intensive Care**  
Communicating and Caring in an e-ICU World



**WCNA 2016**  
**World Congress of Nurse Anesthetists**  
13<sup>th</sup> - 16<sup>th</sup> May 2016 | Glasgow, UK



The 6<sup>th</sup> Congress of the **EUROPEAN ACADEMY OF PAEDIATRIC SOCIETIES**  
**EAPS**  
October 21-25, 2016 | Geneva, Switzerland  
A Joint Scientific and Educational Event of **EAP, ESPNIC and ESPR**



**13th September**  
**World Sepsis Day**

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