2024

EfCCNa Annual Report For years ending 2023/2024



European federation of Critical Care Nursing associations – EfCCNa



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Introduction

This is the annual report and accounts of the federation for the 2023/2024 calendar years. Since its foundation the federation is steadily growing – in the past two years we were happy to welcome three new member associations: Slovakia (2023), Portugal and Latvia (2024)

The major highlight in 2023 was to re-establish the face to face EfCCNa council meetings after the pandemic. After 2 years we were able to travel again and to have council meetings in person. The Spring meeting was held in Skopje (North Macedonia) and the Autumn meeting in Bratislava (Slovakia). Another highlight was at the beginning 2023, thanks to the Exchange Programme, we continued supporting our nurses for traveling and visiting other ICUs within Europe.

In 2023 the EfCCNa Strategy until 2030 was published. This paper defines the federation's direction and provides a framework for strategic thinking. It relies on all EfCCNa members (Board, Council representatives and member associations) to ensure its success. Seven mission statements are defined. Goals and objectives are written, following each mission statement in order to explain how EfCCNa plans to achieve these missions.

The highlight of 2024 was the celebration the foundation of EfCCNa in 1999 and with that 25 Years of Critical Care Nursing in Europe. October 2nd, EfCCNa offered a free Webinar to all its members and interested Critical Care colleagues in Europe. The webinar highlighted hot topics of 25 years of Critical Care Nursing in Europe - from 1999 to 2024.

The financial situation of EfCCNa is relatively stable; Alicia San José from Spain took over the treasurer's post from Drago Satosek, who served in this field for a long time. Critical Care nursing research, especially the work from the CC-DEN group, should be given more visibility in EfCCNa.

Colette Ram, MSc President

Activities

Administrative details

Board of Officers

- Colette Ram (President)
- Julie Benbenishty (Vice President)
- Karin Klas (Secretary, till June 2023), Christine Sheehan (currently co-opted as secretary)
- Alicia San Jose (treasurer)
- Elin Steffenak (Board member, responsible for Congress organisation)
- Zaneta Bogoevska-Miteva (Board member, responsible for European affairs)

Council of Representatives

Country & association members and representatives can be found here

Meetings Update

2023: Council Meetings

Two Council of Representative meetings were held this year. The first one in April in Skopje (North Macedonia), and later in October in Bratislava (Slovakia).

The Board of Officers conducted 11 Zoom Meetings and two Face to Face meetings ahead of the council meetings.

2024: Council meetings

Two Council of Representative meetings were held this year. First one in April in Tallinn (Estonia) and later in October in Stockholm (Sweden).

The Board of Officers conducted 11 Zoom Meetings and two Face to Face meetings ahead of the council meetings.

Representation/members

By the end of 2024, EfCCNa has 34 member associations that represent more than 25.000 European critical care nurses.

New national representatives:

In 2023 and 2024, we sadly said goodbye to some of our excellent representatives and welcomed new representatives. EfCCNa will miss all leaving Council members a lot, but this is not a goodbye, We hope to see you as visitors at the coming EfCCNa congresses.

2023

- Norway: Julie Berntsen replaced Mathilde Elsa Christensen.
- Spain: Cecilia Cuzco replaced Alicia San José (Alicia moved on to EfCCNa's treasurer)
- Iceland: Hrönn Birgisdottir replaced Rannveig Jonasdottir
- The Netherlands: Margot van Mol and Paul Rood replaced Frederique Paulus
- Israel: Alex Furmanov replaced Julie Benbenishty (Julie moved on to EfCCNa's Vice President)
- Great Britain: Nicole Lee replaced Ian Naldrett

2024

- Latvia: Olga Cerela is the new representative from Latvia
- Slovenia: Ziga Vrhovnik replaced Enej Loznar
- Portugal: Sónia Sousa is the new representative from Portugal

Activity dissemination

During 2023 and 2024 EfCCNa published six newsletters for member distribution highlighting its activities. These are available on the <u>EfCCNa website</u> Additionally, the EfCCNa provided regular information dissemination via its Face Book page, Instagram and X.

Projects

Research Grants: Due to the pandemic there were delays to finish the research proposals. Therefore, the research grant for 2022 could finally be awarded in 2023. **Adriano Friganović**, Croatia, who received an award for his investigation about the **Burnout Syndrome in Critical Care Nurses working in COVID-19 settings in Croatia and Poland**

Promotion: The Facebook page is achieving impact on widening our visibility with more than 5000 followers and more than 500 posts reached per week.

Exchange program (2023-2024): After the pandemic, at the beginning 2023, we continued supporting our nurses to travel and visit other ICUs within Europe. In May 2023, three ICU nurses participated in the program. A nurse from Spain traveled to Nicosia General Hospital in Cyprus, two nurses, one from Italy and one from Cyprus, visited the Karolinska University Hospital in Sweden.

In April 2024 two ICU nurses had the opportunity to visit the Amsterdam UMC in Amsterdam. In August 2024, an ICU nurse from Croatia had the opportunity to visit the Anesthesiology Department and the Emergency Department of Landspitali University Hospital in Iceland.

Coordinator of the programme is Jelena Slijepcevic. Go to the <u>Exchange Programe</u> for more information.

International Journal of Critical Care: International Journal of Critical Care' is the official journal of the World Federation of Critical Care Nurses. It builds on the legacy and successes of *Connect*, the former Journal, and endeavors to be a truly global vehicle for sharing the latest research, initiatives, policy advice, and achievements in critical care. Via the EfCCNa Website the journal can be accessed by all EfCCNa members.

Our achievements

2023

- A new working group on 'Environmental Sustainability in ICU' was established. In this group green-hearted professionals are collaborating on a mission statement towards a green ICU. Climate change will have and has impact on healthcare. Our aim is to provide an overview of evidence and available tools to encourage nurses to take steps in their ICU. The focus will be set on how to minimize negative environmental influences from ICU with regards to water consumption, pollution, use of chemicals, waste, and biohazard materials in ICU etc.
- EfCCNa Strategy until 2030 was published. The EfCCNa Strategy until 2030 defines the
 federation's direction and provides a framework for strategic thinking. It relies on all EfCCNa
 members (Board, Council representatives and member associations) to ensure its success.
 Seven Mission Statements are defined. Goals and objectives are written following each
 mission statement in order to explain how EfCCNa plans to achieve these missions.
- New member association: The Czech Association of Nurses
- The organization of the 10th EfCCNa Congress started. In 2025 10th EfCCNa Congress which is going to be held in Bologna, Italy, March 12 15, 2025! For more information click here

2024

- The Position Statement on Sustainability was published <u>EfCCNa Position Statement on</u> Sustainability in ICU (2024)
- Two new member association: From Latvia the Latvian Association of Anesthesia and Intensive Care Nurses and from Portugal the Portuguese Society of Critical Care Nurses (SPEDC).

1st EfCCNa Webinar: April 10th, 2024

 The first EfCCNa webinar 2024 on Sustainability on ICU was held on April 10, 2024. There had been more than 120 registrations for the event on this important topic. For all who couldn't participate, EfCCNa provides the presentations on the website.

2nd EfCCNa Webinar: October 2th 2024.

On its birthday EfCCNa offered a free Webinar to all its members and interested Critical Care
colleagues in Europe. The webinar highlighted hot topics of 25 years of Critical Care Nursing in
Europe - from 1999, the year of the foundation of the federation to 2024.

Research:

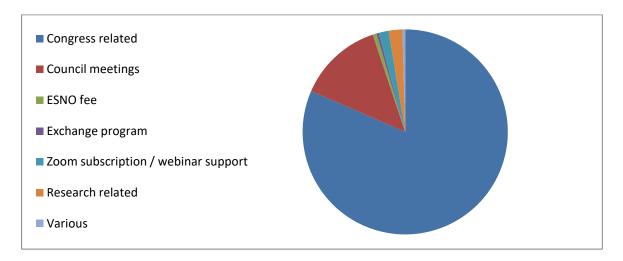
During 2024 EfCCNa has been active in writing and participating in grant proposals through the European Commission. The INDICATE project, a PAN European ICU data cloud project, has been approved and we are active in all stages of this endeavor. In addition, we have submitted a COST ACTION grant, exploring patient safety in ICUs, and we are waiting for a response.

Future Plans

The 2023 and 2024 activities and successes provide an excellent platform to strengthen the EfCCNa's strategic plans. Moving forward we are looking towards another successful Congress in 2025 in Bologna (Italy); strengthening collaborations with other societies such as ESNO, WFCCN, SCCM and ESICM; and lobbying for a critical care nurse specialist role across Europe. With our new President and Board we will establish an evolving strategic plan to continue strengthening the federation in the following years.

Finances

In 2024, EfCCNa generated a total revenue of 21.979 EUR. The revenue was generated from membership fees, Bologna congress prepayments.



The congress in Bologna is scheduled for March 2025. While the benefits from the congress will begin to materialize in early 2025, the current year's balance is negative. However, this deficit will be offset once the income from the congress is received.